# Prayers & Promises of The Rosary and The Divine Mercy Chaplet



#### How to Pray the Marian Rosary

4) On each large beads begin again with the next Mystery, The Lord's
Prayer, 10 Hail Mary's, Glory
Be and Fatima Prayer while meditating on each mystery.



5) After 5 decades, end with the **Hail Holy Queen** & the "Let us Pray..." 3) State the 1<sup>st</sup>
Mystery and pray
The Lord's
Prayer followed
by 10-Hail
Mary's on the
small beads, then
the Glory Be and
the Fatima
Prayer.

 2) On the large bead pray The Lord's Prayer followed by
 3-Hail Mary's on the small beads (for the theological virtues of Faith, Hope & Charity), then the Glory Be

1) Make the sign of the cross & Pray the Apostles Creed

**Source:** This rosary belonged to my grandmother, Gladys Olivia (Gilbertson) (Huyge) Rhinestein (16Feb1910-27Nov2004), who purchased it in Lourdes. This rosary has journeyed through the Holy Land was touched to the birthplaces of 1) John the Baptist (Ein Karem, West Bank) on 3 June 2014; 2) Mary, the Mother of God (Muslim Quarter, Jerusalem) 4 June 2014, 3) Jesus (Bethlehem, West Bank) 3 June 2014. It was also carried on the Way of the Cross (Via Dolorosa, Jerusalem) and touched to the stone commemorating the place where Jesus' body was prepared for burial (Church of the Holy Sepulchre, Jerusalem), 7 June 2014. It has been on the Sea of Galilee, to Cesearea Maritime and Joppa on the Mediterranean. It is also a 3<sup>rd</sup> class relic, touched to the left hand of Mother M. Angelica of the Annunciation, foundress of EWTN & the Shrine of the Most Blessed Sacrament in Hanceville, Alabama on Easter Thursday, 31 March 2016. Mary is facing towards Jesus on the cross. As she always does she is leading us to her Son.

## **The Apostles Creed**

I believe in God , the Father Almighty, Creator of heaven and earth; and in Jesus Christ, His only Son, our Lord: Who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried. He descended into hell, the third day He rose again from the dead; He ascended into heaven, is seated at the right hand of God the Father Almighty; from thence He shall come to judge the living and the dead. I believe in the Holy Spirit, the Holy Catholic Church, the communion of Saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

**Source:** "The Apostles' Creed is so called because it is rightly considered to be a faithful summary of the Apostles' faith. It is the ancient baptismal symbol of the Church of Rome. Its great authority arises from this fact: it is the Creed of the Roman Church, the See of Peter, the first of the apostles, to which he brought the common faith." (CCC194).

St. Ambrose (337-397A.D.)

#### The Lord's Prayer (Mt. 6:9-13)

Our Father who art in heaven, hallowed be Thy name. Thy kingdom come. Thy will be done on earth, as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us, and lead us not into temptation, but deliver us from evil. Amen

#### Hail Mary (Lk 1:28 & Lk 1:42)

Hail Mary full of grace, the Lord is with thee. Blessed are thou among women and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners now and at the hour of our death. Amen. **Glory Be** to the Father and to the Son and to the Holy Spirit. As it was in the beginning, is now and ever shall be, world without end. Amen.

**Fatima Prayer** (July 13, 1917) O My Jesus, forgive us our sins. Save us from the fires of hell. Lead all souls to Heaven, especially those in most need of Thy mercy.

The Blessed Virgin Mary under the title "Our Lady of Fatima" July 13, 1917

Hail Holy Queen mother of Mercy, our life, our sweetness and our hope. To thee do we cry, poor banished children of Eve, to thee do we send up our sighs of mourning and weeping in this valley of tears. Turn then, most gracious advocate, thine eyes of mercy towards us, and after this our exile, show unto us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary.

Pray for us O holy Mother of God

That we may be made worthy of the promises of Christ.

Let us Pray: O God, whose only begotten Son, by His life, death and resurrection, has purchased for us the rewards of eternal life; grant, we beseech Thee, that, meditating upon these mysteries of the Most Holy Rosary of the Blessed Virgin Mary, we may imitate what they contain & obtain what they promise, through the same Christ our Lord. Amen.

# **Mysteries of the Rosary**

The Joyful Mysteries	The Sorrowful Mysteries	
<b>The Annunciation</b> (Lk 1:28, 31-32) Fruit of the Mystery: Humility	The Agony in the Garden (Lk 22:44-45; Mt 26:36 & 39) Fruit of the Mystery: Sorrow for Sin	
<b>The Visitation</b> (Lk 1:42 &45) Fruit: Love of Neighbor	The Scourging at the Pillar (Jn 19:1) Fruit of the Mystery: Purity	
The Nativity of Jesus (Lk 2:6-7) Fruit of the Mystery: Poverty	<b>Crowning with Thorns</b> (Mt 27:28-29) Fruit of the Mystery: Courage	
The Presentation (Lk 2:22-23) Fruit of the Mystery: Obedience The Finding of the Child Jesus in the	<b>Carrying of the Cross</b> (Jn 19:17-18) Fruit of the Mystery: Patience	
<b>Temple</b> (Lk 2:46-47) Fruit: Joy in Finding Jesus	<b>The Crucifixion &amp; Death</b> (Lk 23:46) Fruit of the Mystery: Perseverance	
The Luminous Mysteries <sup>i</sup>	The Glorious Mysteries	
<b>Jesus' Baptism in the Jordan</b> (Mt 3:16-17) Fruit: Openness to the Holy Spirit	<b>The Resurrection of Our Lord</b> (Mt 28:5-6; Mk 16:6)	
<b>Jesus' Self-Manifestation at the Wedding</b> <b>of Cana</b> (Jn 2:1-12) Fruit: To Jesus through Mary	<ul> <li>Fruit of the Mystery: Faith</li> <li>The Ascension into Heaven (Mk 16:19; Lk 24:50-51)</li> <li>Fruit of the Mystery: Hope</li> <li>Descent of the Holy Spirit (Acts 2:3-4)</li> <li>Fruit of the Mystery: Love of God</li> </ul>	
<b>Jesus' Proclamation of the Kingdom of</b> <b>God with His call to conversion</b> (Mt 10:7- 8; Mk 1:15)		
Fruit: Repentance and Trust in God Jesus' Transfiguration (Lk 9:29-35) Fruit: Desire for Holiness	<b>The Assumption of Mary</b> (Judith 13:18 & 15:9-10) Fruit: Grace of a Happy Death	
Jesus' Institution of the Eucharist (Lk 22:19-20; Jn 13:1) Fruit of the Mystery: Adoration	<b>The Coronation of Mary</b> (Rev 12:1) Fruit: Trust in Mary's Intercession	
As a general rule, depending on the season, the <b>Joyful Mysteries</b> are prayed on Monday and Saturday; the <b>Sorrowful Mysteries</b> are prayed on Tuesday and Friday; the <b>Glorious Mysteries</b> are prayed on Wednesday		

Source: Pamphlets available from the Association of Marian Helpers, Stockbridge, MA 01263-0004, <u>www.marian.org</u>; 1-800-462-7426 & My Daily Rosary, Barton-Cotton Inc. Baltimore, MD 21227.

and Sunday; and the Luminous Mysteries are prayed on Thursday.

# The 15 Promises of Our Lady made to Saint Dominic & Blessed Alan de la Roche (1170-1221) (1428-1475)

1) To all those who shall recite my Rosary devoutly, I promise my special protection and very great graces.

2) Those who shall persevere in the recitation of my Rosary shall receive some signal grace.

3) The Rosary shall be a very powerful armor against hell; it will destroy vice, deliver from sin, and dispel heresy.

4) The Rosary will make virtue and good works flourish, and will obtain for souls the most abundant divine mercies; it will substitute in hearts love of God for love of the world, and will lift them to the desire of heavenly and eternal things. How many souls shall sanctify themselves by this means!

5) Those who trust themselves to me through the Rosary, shall not perish.

6) Those who shall recite my Rosary devoutly, meditating on its mysteries, shall not be overwhelmed by misfortune. The sinner shall be converted; the just shall grow in grace and become worthy of eternal life.

7) Those truly devoted to my Rosary shall not die without the Sacraments of the Church.

8) Those who recite my Rosary shall find during their life and at their death the light of God, the fullness of His graces, and shall share in the merits of the blessed.

9) I shall deliver very promptly from purgatory the souls devoted to my Rosary.

10) The true children of my Rosary shall enjoy great glory in heaven.

11) What you ask through my Rosary, you shall obtain.

12) Those who propagate my Rosary shall be aided by me in all their necessities.

13) I have obtained from my Son that all the members of the Rosary Confraternity shall have for their brethren the saints of heaven during their life and at the hour of death.

14) Those who recite my Rosary faithfully are all my beloved children, the brothers and sisters of Jesus Christ.

15) Devotion to my Rosary is a great sign of predestination.

# Messages on the Rosary

**St. Dominic (1170-1221)** prayed to Our Lady that she would force the devils who possessed a man to reveal the truth about devotion to her. The devils were forced by Our Lady to reveal: "Now that we are forced to speak we must also tell you this: Nobody who perseveres in saying the Rosary will be damned, because she obtains for her servants the grace of true contrition for their sins and by means of this they obtain God's forgiveness and mercy."

#### Pope Pius IX (1846-1878)

"Among all the devotions approved by the Church, none has been so favored by so many miracles as the Rosary devotion."

**Pope Leo XIII (1878-1903):** "The Rosary is the most excellent form of prayer and the most efficacious means of attaining eternal life. It is the remedy for all our evils, the root of all our blessings. There is no more excellent way of praying."

To refrain from judgment and condemnation means, in a positive sense, to know how to accept the good in every person and to spare him the suffering that might be caused by our partial judgment, our presumption to know everything about him  $\leftarrow$  But this is still not sufficient to express mercy. Jesus asks us also to FORGIVE and to GIVE. (MV 14)

Pope Francis, *Misericordiae Vultus* 11Apr2015, Divine Mercy Sunday, Rome, St. Peter's Basilica

*Our Lady of Fatima, June 13, 1917* "Say the Rosary every day, to bring peace to the world and the end of the war."

# Pope Pius XI (1922-1939)

"The Rosary is a powerful weapon to put the demons to flight and to keep oneself from sin...If you desire peace in your hearts, in your homes, and in your country, assemble each evening to recite the Rosary. Let not even one day pass without saying it, no matter how burdened you may be with many cares and labors."

#### Conversation between Sister Lucy of Fatima and Father Fuentes, Dec. 26, 1957:

"The most holy Virgin in these last times in which we live has given a new efficacy to the recitation of the Rosary to such an extent that there is no problem, no matter how difficult it is, whether temporal or, above all, spiritual, in the personal life of each one of us, of our families, of the families of the world, or of the religious communities, or even of the life of peoples and nations, that cannot be solved by the Rosary. There is no problem, I tell you, no matter how difficult it is, that we cannot resolve by the prayer of the holy Rosary. With the holy Rosary, we will save ourselves; we will sanctify ourselves; we will console our Lord, and obtain the salvation of many souls."

#### Battle of Lepanto, 1571

In the 16<sup>th</sup> century, the Turkish fleet was in the Gulf of Lepanto, off the coast of Greece bent on the conquest of Rome. Pope St. Pius V saw this Turkish threat growing and so he formed the Holy League, an alliance between the Papal States, Venice and the Kingdom of Spain. The Holy League built a fleet to defend Rome and Pius V put at the head of the fleet Don Juan of Austria. The Turks had 300 war galleys with over 100,000 men and some fierce soldiers known as Janissaries as well as 14,000 Christian galley slaves. Naval warfare at the time required galley slaves to row below deck unless the wind was in your favor. Then you could use your sails to power the ship and the galley slaves could come up on deck and fight once you got alongside an enemy ship. The Christian fleet had 200 war galleys. Every man, both slave and free, in the Christian fleet was given a rosary before the fleet sailed. The papal representative blessed the fleet as she left to engage in the battle. Dominican, Franciscan and Jesuit priests were scattered throughout the Christian fleet in order to encourage and bless the men and hear confessions before they went into battle. Miguel Cervantes, author of Don Quixote, fought bravely and was wounded in the Battle of Lepanto. The two fleets met in the Gulf of Lepanto on Sunday, October 7, 1571. The Turkish fleet aligned in the form of a crescent in order to envelop and enflank the opposing enemy fleet. Don Juan of Austria decided that he would arrange his ships in the form of a

cross because he had a secret weapon. He had outfitted some of his galleys with side mounted canons instead of forward mounted canons. This way they could fire broadside when the Turkish ships got close. He also put musketeers on top of the desk in order to fire volleys into the Turkish ships.

He also had at his disposal another secret weapon, a spiritual weapon. The Bishop of Mexico had a small reproduction of the image of Our Lady of Guadalupe touched to the original and sent to King Philip II of Spain with instructions to make sure that it was present in the fleet. King Philip gave this image to Admiral Doria who was in the midst of the battle. At a decisive moment. the wind changed. Admiral Doria was able to release his sailors from below deck, fight the Turks and win an overwhelming victory. The Christian fleet, though greatly outnumbered, had won a great victory. They captured and destroyed over 200 Turkish war galleys, the Turks suffered 30,000 casualties and 12,000 of the 14,000 Christian galley slaves were freed. The Christians lost a total of only 12 galleys.

Pope St. Pius V back in Rome was meeting with his treasurer. All of a sudden he got up, walked to the window and said, "This is not a moment for business. Make hast to thank God because our fleet, this moment, has won a victory over the Turks." He had miraculous knowledge that the battle had been won. So he called for a great celebration to take place. A year after the victory in 1572 he ordered an annual commemoration of the event under the title

### Battle of Lepanto, 1571 (cont'd)

of "Our Lady of Victory." A year later, Pope Gregory XIII, the new pope, change the name of the feast day to "Our Lady of the Rosary." This victory put an end to the naval power of the Turks and saved Christian Europe. To this day this victory has been attributed to praying of the Rosary. The feast of "The Most Holy Rosary" is celebrated each year on October 7 and now the month of October is dedicated to the Most Holy Rosary.<sup>ii</sup>

#### Hiroshima – August 6, 1945

There was a home eight blocks (about 1 kilometer) from where the A-Bomb went off in Hiroshima Japan. This home had a church attached to it which was completely destroyed, but the home survived, and so did the eight German Jesuit missionaries who prayed the Rosary in that house faithfully every day. These men were missionaries to the Japanese people, they were non-military, but because Germany and Japan were allies during WWII they were permitted to live and minister within Japan during the war. Not only did they all survive with (at most) relatively minor injuries, but they all lived well past that awful day with no radiation sickness, no loss of hearing, or any other visible long term defects or maladies. Naturally, they were interviewed numerous Times (Fr. Schiffer, a survivor, said over 200 times) by scientists and health care people about their remarkable experience and they said, "we believe that we survived because we were

living the message of Fatima. We lived and prayed the Rosary daily in that home." Of course the secular scientists are speechless and incredulous at this explanation - and they are sure there is some "real" explanation - but at the same time over 55 years later the scientists are still absolutely bamboozled when it comes to finding a plausible scenario to explain the missionaries' unique escape from the hellish power of that bomb.

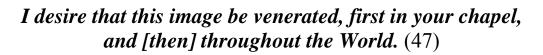
#### **Russians Pullout of Austria, 1948**

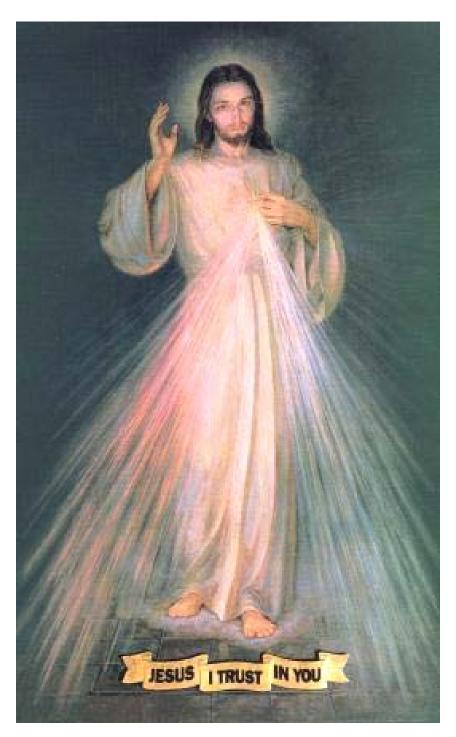
After World War II, the Allies turned over Catholic Austria to communist Russia. For three years the Austrian people endured this tyranny. Then, a Franciscan priest, Father Petrus, remembered how the Christians although greatly outnumbered had defeated the Turks at the Battle of Lepanto through the Rosary, and he launched a Rosary crusade. Through it 70,000 people, 1/10 of the Austrian population, pledged to say the Rosary daily for the Soviets to leave their country. Austria was valuable to the Russians because of its strategic location, rich mineral deposits and oil reserves. Yet on May 13, 1955, the anniversary of the first apparition of Our Lady at Fatima, the Russians signed the agreement to leave Austria, and they did so without one person being killed and without one shot being fired. It is the only time that the militant atheistic forces of Marxism have ever peacefully left a country in which they held power. Military strategists and historians are baffled as to why the Russians pulled out. But we are not - it was the power of the Rosary.

Miracles attributed to the Rosary (cont'd)	Excerpt from the Diary of St. Faustina:
Miracles attributed to the Rosary (cont'd) The Country That Saved Itself - Brazil 1962 In 1962 there was a looming threat of communist takeover in Brazil. A woman there named Dona Amelia Bastos was known to have formed a Rosary rally among the Brazilian women there to do their part in opposing the looming threat. Their goal was simply to pray the Rosary in large groups asking the Virgin Mary for help in opposing the Communist takeover which the President of Brazil was leaning toward at the time. In Belo Horizonte 20,000 women reciting the Rosary aloud broke up a Communist rally. In Sao Paulo, 600,000 women praying the Rosary in one of the most moving demonstrations in Brazilian history, caused the President of Brazil to flee the country and not a single death was encountered, sparing the country from Communist takeover. Source: Battle of Lepanto from Steve Weidenkopf, EPIC: A Journey through Church History, Ascension Press. Others compiled by Mother Miriam of the Lamb of God, O.S.B. 12/15/2015 email newsletter. Daughters of Mary, Mother of Israel's Hope, 466 S. 79 <sup>th</sup> East	<ul> <li>Excerpt from the Diary of St. Faustina:</li> <li>J.M.J</li> <li>("Jesus, Mary &amp; Joseph;" placed at the top of every school paper in Catholic School in the 1960" and before).</li> <li>My daughter, if I demand through you that people revere My mercy, you should be the first to distinguish yourself by this confidence in My mercy. Demand from you deeds of mercy, which are to arise out of love for Me. You are to show mercy to your neighbors always and everywhere. You must not shrink from this or try to excuse or absolve yourself from it.</li> <li>I am giving you three ways of exercising mercy towards your neighbor:</li> <li>the first by deed,</li> <li>the second by word,</li> <li>the third by prayer.</li> <li>In these three degrees is contained the fullness of mercy, and it is an unquestionable proof of love for Me. By this means a soul glorifies and pays reverence to My mercy. Yes, the first Sunday after Easter is the Feast of Mercy, but there must also be acts of mercy, and I demand the worship of My mercy through the solemn celebration of the Feast and through the veneration of the image which is painted. By means of this image I shall grant many graces to souls. It is to be a reminder of the demands of My mercy, because even the strongest (163) faith is of no avail</li> </ul>

<sup>i</sup> Pope St. John Paul II, Rosarium Virginis Mariae (On the Most Holy Rosary), <u>https://w2.vatican.va/content/john-paul-</u> ii/en/apost letters/2002 /documents/hf jp-ii apl 20021016 rosarium-virginis-mariae.html (accessed 4/28/2016), 2002.

<sup>ii</sup> Steve Weidenkopf, The Catholic Reformation (1545-1699), Part 2 of 2 in EPIC, A Journey through Church History, CD, (West Chester PA: Ascension Press, 2009), Disc #16.





The red (rays) stands for the blood which is the life of souls.

The pale ray stands for the water which makes souls righteous.

God is love. This love has now been made visible and tangible in Jesus' entire life. His person is nothing but love, a love given gratuitously. (MV 9)

# Divine Mercy Chaplet & Promises

How to Pray the Divine Mercy Chaplet On rosary beads pray the following:		
of the Father and of the Son, and of the Holy Spirit. Amen.F.2. <b>Opening Prayer</b> (optional): You expired, Jesus, but the source of life gushed forth for souls, and the ocean of 	5. <b>The Apostles Creed</b> : I believe in God, the Father almighty, Creator of heaven and earth, and in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was erucified, died, and was buried; he descended into hell; on the third day he rose again from the lead; he ascended into heaven, and is seated at he right hand of God, the Father almighty; from here he will come to judge the living and the lead. I believe in the Holy Spirit, the holy eatholic Church, the communion of saints, the orgiveness of sins, the resurrection of the body and life everlasting. Amen. 5. On the "Our Father" <i>bead before each decade:</i> Eternal Father, I offer You the Body and Blood, Soul and Divinity of Your dearly beloved Son, Our Lord Jesus Christ, in atonement for our sins, and those of the whole world (476). 7. On the "Hail Mary" <i>beads of each decade:</i> For the sake of His sorrowful Passion have mercy on us and on the whole world" (476). 8. <b>Concluding doxology</b> ( <i>three times</i> ): "Holy God, Holy Mighty One, Holy Immortal One, have mercy on us and on the whole world" (476). 9. <b>Closing Prayer</b> ( <i>optional</i> ): Eternal God, in whom mercy is endless, and the treasury of compassion inexhaustible, look kindly upon us, and increase Your mercy in us, that in difficult noments, we might not despair, nor become lespondent, but with great confidence, submit ourselves to Your holy will, which is Love and Mercy Itself. Amen (950).	

# Jesus' words spoken to Sister Faustina between 1931-1938 from Divine Mercy in My Soul: Diary of Saint Maria Faustina Kowalska

#### The Chaplet of the Divine Mercy: (September 13-14, 1935 in Vilnius)

"Say unceasingly the chaplet that I have taught you. Whoever will recite it will receive great mercy at the hour of death. Priests will recommend it to sinners as their last hope of salvation. Even if there were a sinner most hardened, if he were to recite this chaplet only once, he would receive grace from My infinite mercy. I desire that the whole world know My infinite mercy. I desire to grant unimaginable graces to those souls who trust in My mercy" (687).

"The souls that say this chaplet will be embraced by My mercy during their lifetime and especially at the hour of their death" (754).

"At the hour of their death, I defend as My own glory every soul that will say this chaplet; or when others say it for a dying person, the pardon is the same. When this chaplet is said by the bedside of a dying person, God's anger is placated, unfathomable mercy envelops the soul, and the very depths of My tender mercy are moved for the sake of the sorrowful Passion of My Son" (811).

"My mercy is greater than your sins, and those of the entire world" (1485).

"All those souls who will glorify My mercy and spread its worship, encouraging other to trust in My mercy, will not experience terror at the hour of death. My mercy will shield them in that final battle... (1540).

"My daughter, encourage souls to say the chaplet which I have given to you. It please Me to grant everything they ask of Me by saying the chaplet. When hardened sinners say it, I will fill their souls with peace, and the hours of their death will be a happy one (1541). When they say this chaplet in the presence of the dying, I will stand between My Father and the dying person, not as the just Judge but as the merciful Savior" (1541).

"Through the chaplet you will obtain everything, if what you ask is compatible with My will" (1731).

"Pray as much as you can for the dying. By your entreaties, obtain for them trust in My mercy, because they have most need of trust, and have it the least. Be assured that the grace of eternal salvation for certain souls in their final moments depends on your prayers" (1777).

#### The Hour of Mercy (October, 1937 in Cracow)

"At three o'clock, implore My mercy, especially for poor sinners; and, if only for a brief moment, immerse yourself in My Passion, particularly in My abandonment at the moment of agony. This is the hour of great mercy for the whole world. I will allow you to enter into My mortal sorrow. In this hour I will refuse nothing to the soul that makes a request of Me in virtue of My Passion...." (1320)

"I remind you, My daughter, that as often as you hear the clock strike the third hour, immerse yourself completely in My mercy, adoring and glorifying it; invoke its omnipotence for the whole world, and particularly for poor sinners; for at that moment mercy was opened wide for every soul. In this hour you can obtain everything for yourself and for others for the asking, it was the hour of grace for the whole world --- mercy triumphed over justice" (1572).

"My daughter, try your best to make the Stations of the Cross in this hour, provided that your duties permit it; and if you are not able to make the Stations of the Cross, then at least step into the chapel for a moment and adore, in the Blessed Sacrament, My Heart, which is full of mercy; and should you be unable to step into the chapel, immerse yourself in prayer there where you happen to be, if only for a very brief instant" (1572).

#### The Image of the Merciful Jesus (February 22, 1931 in Plock)

On February 22, 1931, Jesus appeared to Sr. Faustina in her cell and requested, "**Paint an** image according to the pattern you see, with the signature: Jesus, I trust in You. I desire that this image be venerated, first in your chapel, and [then] throughout the world" (47).

"I promise that the soul that will venerate this image will not perish. I also promise victory over [its] enemies already here on earth, especially at the hour of death. I Myself will defend it as My own glory" (48).

#### The Feast of The Divine Mercy

"My daughter, tell the whole world about My inconceivable mercy. I desire that the Feast of Mercy be a refuge and shelter for all souls, and especially for poor sinners. On that day the very depths of My tender mercy are open. I pour out a whole ocean of graces upon those souls who approach the Fount of My Mercy. The soul that will go to Confession and receive Holy Communion shall obtain complete forgiveness of sins and punishment. On that day all the divine floodgates through which graces flow are opened. Let no soul fear to draw near to Me, even though its sins be as scarlet. My mercy is so great that no mind, be it of man or of angel, will be able to fathom it throughout all eternity. Everything that exists has come forth from the very depths of My most tender mercy. Every soul in its relation to Me will contemplate My love and mercy throughout eternity. The Feast of Mercy emerged from My very depths of tenderness. It is My desire that it be solemnly celebrated on the first Sunday after Easter. Mankind will not have peace until it turns to the Fount of My Mercy" (699).

#### Novena to The Divine Mercy (1210-1229)

(197) The Lord told me to say this chaplet for nine days before the feast of Mercy. It is to begin on Good Friday. **By this novena, I will grant every possible grace to souls** (796).

Novena to The Divine Mercy which Jesus instructed me to write down and make before The Feast of Mercy. It begins on Good Friday. I desire that during these nine days you bring souls to the fountain of My mercy, that they may draw therefrom strength and refreshment and whatever grace they need in the hardships of life, and especially at the hour of death.

On each day you will bring to My Heart a different group of souls, and you will immerse tem in this ocean of My mercy, and I will bring all these souls into the house of My Father. You will do this in this life and in the next. I will deny nothing to any soul whom you will bring to the fount of My mercy. On each day you will beg My Father, on the strength of My bitter Passion, for graces for these souls. (1209)

#### A Promise with a Prayer

I desire that you know more profoundly the love that burns in My heart for souls and you will understand this when you meditate upon My Passion. Call upon My mercy on behalf of sinners; I desire their (93) salvation. When you say this prayer with a contrite heart and with faith on behalf of some sinner, I will give him the grace of conversion. This is the prayer: (186)

### "O Blood and Water, which gushed forth from the Heart of Jesus as a fount of Mercy for us, I trust in you." (187)

The above excerpts are from Divine Mercy in My Soul: The Diary of Saint Faustina M. Kowalska, ©1987, Marian Fathers of the Immaculate Conception, Stockbridge, MA 01263; printed with permission. English copies of St. Faustina's Diary are available from the Marian Fathers of the Immaculate Conception of the Blessed Virgin Mary (http://www.thedivinemercy.org/) National Shrine/Gift Shop or 1-888-484-1112, National Shrine of The Divine Mercy, 2 Prospect Hill Road, Eden Hill, Stockbridge, MA 01262.

The original Polish diary was published by the Congregation of the Sister of Our Lady of Mercy, 1981. Prayer requests can be submitted to the sisters at The Sisters of Our Lady of Mercy, Attn: Prayer Requests, 241 Neponset Avenue, Dorchester, MA 02122 USA or prayer@faustina.org; http://www.sisterfaustina.org/

Both the Marian Fathers of the Immaculate Conception of the Blessed Virgin Mary and the Sisters of the Congregation of Our Lady of Mercy are available to speak on Divine Mercy.



#### Devotion to the Sacred Heart of Jesus

(*Nine* [9] - 1st Fridays) Devotion to the Sacred Heart, as we know it, began about the year 1672. On repeated

occasions, Jesus appeared to Saint Margaret Mary Alacoque, a Visitation nun, in France, and during these apparitions He explained to her the devotion to His Sacred Heart as He wanted people to practice it.

"I promise you, in the excessive mercy of my Heart that my all powerful love will grant to all those who receive Holy Communion on the first Friday for nine consecutive months, the grace of final repentance; they shall not die in my disgrace nor without receiving the sacraments; my divine Heart shall be their safe refuge in that last moment." — Our Lord to St. Margaret Mary

# How to complete the First Friday's Devotion:

Receive Holy Communion on each First Friday;

The nine Fridays must be consecutive; They must be made in honor and in reparation to His Sacred Heart.

#### **Act of Reparation**

Sacred Heart of Jesus, animated with a desire to repair the outrages unceasingly offered to Thee, we prostrate before Thy throne of mercy, and in the name of all mankind, pledge our love and fidelity to Thee!

The more Thy mysteries are blasphemed, the more firmly we shall believe them, O Sacred Heart of Jesus!

The more impiety endeavors to

extinguish our hopes of immortality, the more we shall trust in Thy Heart, sole hope of mankind!

The more hearts resist Thy Divine attractions, the more we shall love Thee, O infinitely amiable heart of Jesus!

The more unbelief attacks Thy Divinity, the more humbly and profoundly we shall adore It, O Divine Heart of Jesus!

The more Thy holy laws are transgressed and ignored, the more we shall delight to observe them, O most holy Heart of Jesus!

The more Thy Sacraments are despised and abandoned, the more frequently we shall receive them with love and reverence, O most liberal Heart of Jesus!

The more the imitation of Thy virtues is neglected and forgotten, the more we shall endeavor to practice them, O Heart, model of every virtue!

The more the devil labors to destroy souls, the more we shall be inflamed with desire to save them, O Heart of Jesus, zealous Lover of souls!

The more sin and impurity destroy the image of God in man, the more we shall try by purity of life to be a living temple of the Holy Spirit, O Heart of Jesus!

The more Thy Holy Church is despised, the more we shall endeavor to be her faithful children, O Sweet Heart of Jesus!

The more Thy Vicar on earth is persecuted, the more we will honor him as the infallible head of Thy Holy Church, show our fidelity and pray for him, O kingly Heart of Jesus!

O Sacred Heart, through Thy powerful grace, may we become Thy apostles in the midst of a corrupted world, and be Thy crown in the kingdom of heaven.

Amen.

#### 12 Promises of the Sacred Heart to St. Margaret Mary

**1.** I will give them all the graces necessary for their state of life.

2. I will give peace in their families.

**3.** I will console them in all their troubles.

**4.** I will be their refuge in life and especially in death.

5. I will abundantly bless all their undertakings.

**6.** Sinners shall find in my Heart the source and infinite ocean of mercy.

7. Tepid souls shall become fervent.

**8.** Fervent souls shall rise speedily to great perfection.

9. I will bless those places wherein the image of my Sacred Heart shall be exposed and venerated.10. I will give to priests the power to touch the most hardened hearts.

11. Persons who propagate this devotion shall have their names eternally written in my Heart. 12. In the excess of the mercy of my heart, I promise you that my all powerful love will grant to all those who will receive Communion on the First Fridays, for nine consecutive months, the grace of final repentance: they will not die in my displeasure, nor without receiving the sacraments; and my Heart will be their secure refuge in that last hour.

https://www.americaneedsfatima.org/Our-Lord-Jesus-Christ/the-nine-first-fridays-devotion.html

#### *Let Us Rediscover* Corporal Works of Mercy

Feed the hungry Give drink to the thirsty Clothe the naked Welcome the stranger Heal the sick Visit the imprisoned Bury the dead Spiritual Works of Mercy

#### Counsel the doubtful Instruct the ignorant Admonish sinners Comfort the afflicted Forgive offenses Bear patiently those who do us ill Pray for the living and the dead

The following First Friday devotions are also efficacious in honoring the Sacred Heart of Jesus: 1. Adoration of the Blessed Sacrament; 2. Act of Consecration to the Sacred Heart of Jesus; 3. Act of Reparation

- 4. The Litany of the Sacred Heart of Jesus
- 5. The Sacrament of Reconciliation

#### Act of Consecration to the Sacred Heart of Jesus

Most Sacred Heart of Jesus, I consecrate myself to Your Most Sacred Heart. Take possession of my whole being; transform me into Yourself. Make my hands Your hands, my feet Your feet, my heart Your heart. Let me see with Your eyes, listen with Your ears, speak with Your lips, love with Your heart, understand with Your mind, serve with Your will, and be dedicated with my whole being. Make me Your other self. Most Sacred Heart of Jesus, send me Your Holy Spirit to teach me to love You and to live through You, with You, in You and for You.

Come, Holy Spirit, make my body Your temple. Come, and abide with me forever. Give me the deepest love for the Sacred Heart of Jesus in order to serve Him with my whole heart, soul, mind and strength. Take possession of all my faculties of body and soul. Regulate all my passions: feelings and emotions. Take possession of my intellect, understanding and will; my memory and imagination. O Holy Spirit of Love, give me an abundance of Your efficacious graces. Give me the fullness of all the virtues; enrich my faith, strengthen my hope, increase my trust, and inflame my love. Give me the fullness of Your sevenfold gifts, fruits and beatitudes. Most Holy Trinity, make my soul Your sanctuary.

#### 1<sup>st</sup> Friday Adoration

#### **OPENING HYMN**

O salutaris hostia Quae caeli pandis ostium; Bella premunt hostilia Da robur fer auxilium

Uni Trinoque Domino Sit sempiterna Gloria Qui vitam sine termino Nobis donet in patria. Amen

EXPOSITION OF THE BLESSED SACRAMENT (please kneel)

Silent Meditation & Optional Prayers:
1) Novena to the Sacred Heart
2) Sorrowful Mysteries of the Rosary
3) Chaplet of the Divine Mercy
4) Prayer for the Intercession of a Saint (e.g. St. Peregrine – Patron for Cancer Patients)
followed by an Our Father... Hail Mary...
Glory Be...

#### HYMN

Tantum ergo Sacramentum Veneremur cernui Et antiquum documentum Novo cedat ritui Praestet fides supplementum Sensuum defectui

Genitori, Genitoque Laus et jubilation Salus, honor, virtus quoque Sit et benediction; Procendenti ab utroque Compar sit laudation. Amen

Priest: You have given them bread from heaven. All: **Containing in itself all delight.**  Priest: Lord Jesus Christ, You have given us this Sacrament in remembrance of Your suffering and death. May our worship of the Sacrament of Your Body and Blood help us to experience the salvation You have won for us and the peace of the Kingdom where You live with the Father and the Holy Spirit, one God, forever and ever. **All: Amen** 

**BENEDICTION** (blessing of the people)

The Divine Praises **Blessed be God Blessed be His Holy name** Blessed be Jesus Christ, true God and true man. Blessed be the name of Jesus. **Blessed be His Most Sacred Heart. Blessed be His Most Precious Blood. Blessed be Jesus in the Most Holy** Sacrament of the Altar. **Blessed be the Holy Spirit the Paraclete** Blessed be the great Mother of God, Mary most holy. Blessed be her holy and Immaculate Conception. Blessed be her glorious Assumption. Blessed be the name of Mary, Virgin and Mother. Blessed be St. Joseph, her most chaste spouse. Blessed be God in His angels and in His saints.

May the heart of Jesus, in the Most Blessed Sacrament, be praised, adored and love with grateful affection, at every moment, in all the tabernacles of the world, even to the end of time. (Amen).

HYMN DURING THE REPOSITION OF THE BLESSED SACRAMENT (please stand) – Holy God We Praise Thy Name...



Reparation to the Immaculate Heart of Mary (5 – 1st Saturdays)

When Mary appeared again to Sr. Lucia, the last

remaining visionary from Fatima, in Pontevedra, Spain on December 10, 1925 she said, "I promise to assist, at the hour of death, with all the graces necessary for their salvation, all those who, in the First Saturday of five consecutive months":

- 1) went to Confession,
- 2) received Holy Communion,
- 3) recited five decades of the Rosary

4) "Keep me company for 15 minutes while meditating on the mysteries of the rosary,"5) all with the intent of making reparation to My Immaculate Heart'.

The Confession may be made during the eight days preceding or following the first Saturday of each month, provided that Holy Communion be received in the state of grace. Should one forget to form the intention of making reparation to the Immaculate Heart of Mary, it may be formed at the next Confession, occasion to go to confession being taken at the first opportunity.

Why 5 first Saturdays? Our Blessed Lord answered that question when He appeared to Sr. Lucia May 29, 1930. He explained that it was because of five kinds of offenses and blasphemies against the Immaculate Heart of Mary, namely: 1) blasphemies against her Immaculate Conception, 2) against her perpetual virginity, 3) against the divine and spiritual maternity of Mary, 4) blasphemies involving the rejection and dishonoring of her images, and 5) the neglect of implanting in the hearts of children a knowledge and love of this Immaculate Mother.

#### **Morning Offering**

O Jesus, through the Immaculate Heart of Mary, I offer you my prayers, works, joys & sufferings of this day for all the intentions of Your Sacred Heart in union with the Holy Sacrifice of the Mass throughout the world in reparation for my sins and for the reunion of all Christians, for the intentions of my relatives and friends and in particular for the intentions of the Holy Father. Amen

#### **Plenary Indulgence**

The way we pay the debt of temporal punishment due to our sins is by *prayer*, *penance*, *sacrifice*, *good works* and *almsgiving*.

"An indulgence is a remission before God of the temporal punishment due to sin whose guilt has already been forgiven." (CCC1471). A plenary indulgence removes all of the temporal punishment due to sin; a partial indulgence removes some but not all. An indulgence may be offered for oneself or for a holy soul in purgatory. Indulgences have a specific act plus "the usual conditions." The usual conditions are:

1) Sacramental Confession, 2) Reception of Holy Eucharist; 3) Prayers for the Holy Father's Intentions (*Our Father, Hail Mary, Glory Be*); 4) Heart and mind free from all attachment to sin

#### **Examples of Specific Acts:**

1) Adoration of the Blessed Sacrament for at least one half hour;

2) Devout reading of Sacred Scriptures for

at least one half hour

3) Devout performance of the Stations of the Cross

4) The recitation of the Marian Rosary in a church or oratory, with members of the family, in a religious Community, or in a pious association.

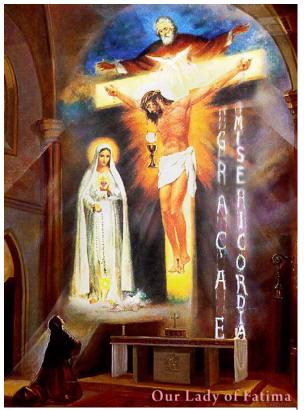
#### Fatima Prayers

My God I believe, I adore, I hope and I love Thee! I ask pardon for those who do not believe, do not adore, do not hope and do not love Thee.

Most Holy Trinity --- Father, Son and Holy Spirit-I adore Thee profoundly. I offer Thee the most precious Body, Blood, Soul and Divinity of Jesus Christ, present in all the tabernacles of the world, in reparation for the outrages, sacrileges, and indifferences whereby He is offended,. And through the infinite merits of His Most Sacred Heart and the Immaculate Heart of May, I beg of Thee the conversion of poor sinners.

When making a sacrifice: "Oh my Jesus, I offer this for love of Thee, for the conversion of sinners, and in reparation for the sins committed against the Immaculate Heart of Mary."

After each decade of the rosary, "Oh My Jesus, forgive us our sins, save us from the fires of Hell, lead all souls to Heaven, especially those who have most need of Thy mercy.



The Lord, the Lord merciful and gracious, slow to anger and rich in kindness and fidelity continuing His kindness for a thousand generations and forgiving wickedness, crimes and sin; yet not declaring the guilty guiltless. Exodus 34:6-7

June 13, 1929, the Convent Chapel of the Sisters of St. Dorothy in Tuy, Spain, between 11pm and midnight and Sister Lucia of Fatima is praying before the Blessed Sacrament. What follows is her testimony, "I knelt down before the communion rail in the middle of the chapel to say the prayers of the angel lying prostrate. Feeling tired, I got up and knelt and continued to say them with my arms in the form of a cross. The only light came from the sanctuary lamp. Suddenly a supernatural light illumined the whole chapel and above the altar appeared a cross of light which reached to the ceiling. In a brighter part could be seen on the upper part of the cross, the face of a man and his body to the waist. On his breast was an equally luminous dove and nailed to the cross, the body of another man. A little below the waist suspended in midair was to be seen a chalice and a large host onto which fell some drops of blood from the face of the crucified and from the wound in his side. These drops ran down onto the host and fell into the chalice. Beneath the right arm of the cross was Our Lady and in her hand was her immaculate heart. (It was Our Lady of Fatima with her immaculate heart in her left hand without sword or roses but with a crown of thorns in flames). Under the left arm of the cross some big letters as if it were crystal clear water running down over the altar formed these words, "Grace and Mercy." I understood that it was the mystery of the Most Holy Trinity which was shown to me. And I received lights about this mystery which I am not permitted to reveal."

Our Lady, "The moments has come in which God asks the Holy Father to make in union with all the bishops of the world, the consecration of Russia to my Immaculate Heart promising to save it by this means. So numerous are the souls which the justice of God condemns for the sins committed against me that I come to ask you for reparation. Sacrifice yourself for this intention and pray."