Human Trafficking

What Nurses Need to Know

By Kristen Sinay, MSN, RN, LNCC

Nursing Consultant for Practice

Texas Board of Nursing

Presentation Objectives

- Explain the scope of the human trafficking problem
- Identify potential human trafficking victims
- Describe red flag indicators of human trafficking
- Discuss how nurses can help advocate for potential human trafficking victims
- Self-report an increase in knowledge about human trafficking

Human Trafficking = Modern Day Slavery

- Labor Trafficking
  - Individuals are required to work or provide services by force, fraud, or coercion
- Sex Trafficking
  - Adults are required to engage in commercial sex by force, fraud, or coercion
  - Minors are required to perform a commercial sex act *regardless of the presence of force, fraud, or coercion*

Human Trafficking:

The Act of…

Recruiting
Harboring
Transporting
Providing
Obtaining
Soliciting (sex trafficking)
Patronizing (sex trafficking)

By Means of… **

Force
Fraud
Coercion

For the Purpose of…

Commercial Sex Act
Involuntary Servitude
Peonage
Debt Bondage
Slavery

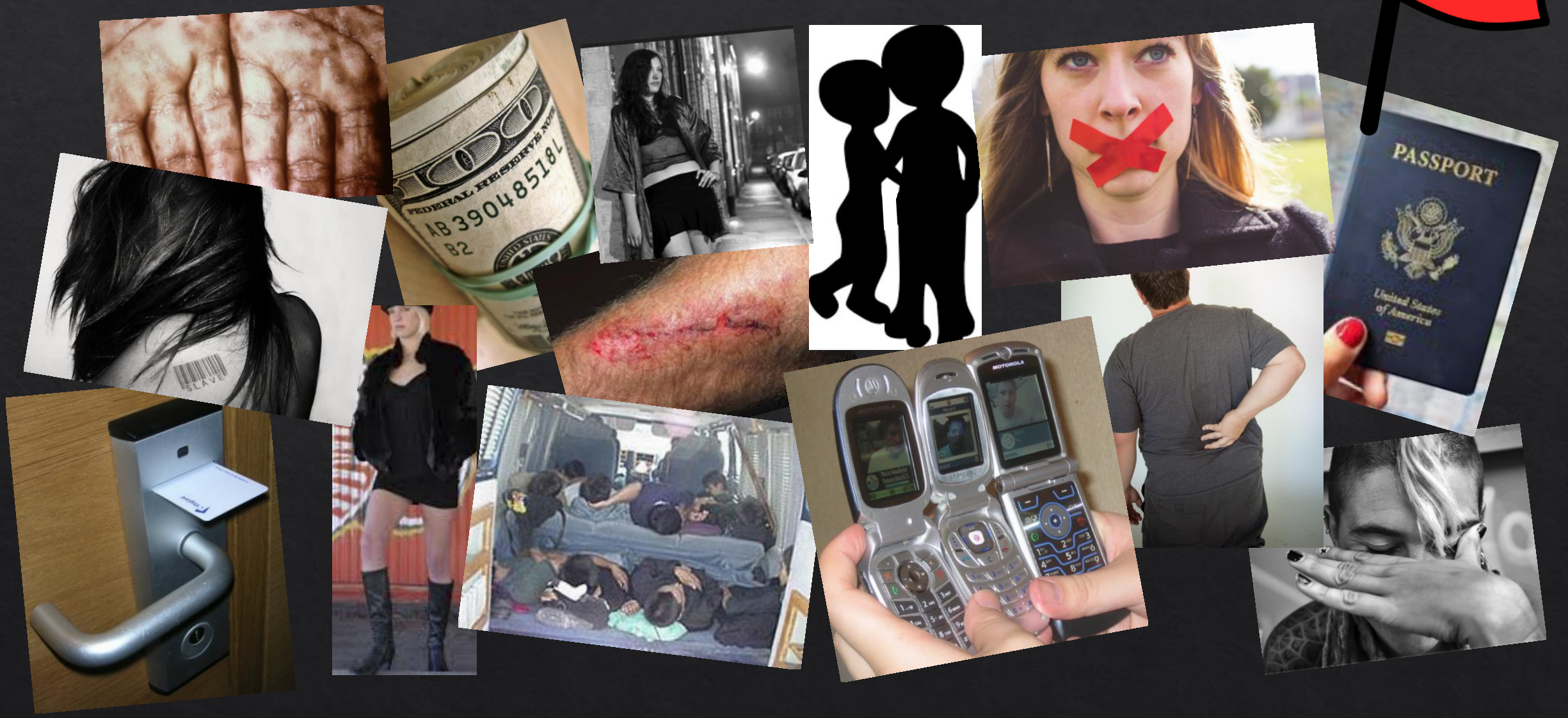
** Does not need to be present in sex trafficking situations involving minors

Human Trafficking Statistics

Potential Human Trafficking Victims

- ANYONE!
- Vulnerable populations

Red Flag Indicators of Human Trafficking



Health Issues Associated with Human Trafficking

- STDs
- Unplanned pregnancies
- Unexplained injuries/ Signs of physical abuse
- Malnourishment
- Untreated chronic illness
- Chronic pain
- Respiratory problems
- Substance abuse
- Memory impairment
- Etc.

The Nurse's Role

- Maintain awareness of barriers to accessing care and victim self-identification
- Provide a safe environment
- Protect confidentiality
- Develop rapport and trust
- Utilize a victim-centered, trauma-informed, evidence-based approach
- Coordinate with other providers to arrange resources

Trauma-Informed Care

Safety

Trust

Choice

Collaboration

Empowerment

Trauma-Informed Human Trafficking Screenings: online training by the National Human Trafficking Resource Center (NHTRC)

Resources Specific to Victims of Human Trafficking: online resource from the U.S. Department of Health & Human Services (U.S. HHS) Administration for Children & Families

Trauma-Informed Approach and Trauma-Specific Interventions: online education from the Substance Abuse and Mental Health Services Administration (SAMHSA)

Resources for Healthcare Professionals

- SOAR to Health and Wellness Training- U.S. HHS
- Rescue & Restore Campaign Tool Kits- U.S. HHS
- Quick Safety 42: Identifying human trafficking victims- The Joint Commission
- HEAL Trafficking and Hope for Justice's Protocol Toolkit
- Recognizing and Responding to Human Trafficking in a Healthcare Context- NHTRC
- Framework for a Human Trafficking Protocol in Healthcare Settings- NHTRC
- Victim Assistance Training- Office for Victims of Crime
- Call the National Human Trafficking Hotline @ **1 (888) 373-7888**
- Text HELP to 233733 (BEFREE)

Additional Resources

- Be The One in the Fight Against Human Trafficking
  - Training video from the Texas Attorney General's Office
- Human Trafficking: Look Beneath the Surface
  - Campaign by the Office on Trafficking in Persons, U.S. Department of Health & Human Services
- Trafficking In Persons Report June 2018
  - Annual publication from the U.S. Department of State

STOP
HUMAN
TRAFFICKING

References

- American Nurses Association. (2016). The nurse's role in ethics and human rights: protecting and promoting individual worth, dignity, and human rights in practice setting [Position statement]. Retrieved from https://www. singworld.org/MainMenuCategories/ EthicsStandards/Resources/Ethics- Position-Statements/NursesRole- EthicsHumanRights-PositionStatement. pdf
- Baldwin, S.B., Eisenman, D.P., Sayles, J.N., Ryan, G. & Chuang, K.S. (2011). Identification of human trafficking victims in health care settings. *Health and Human Rights Journal, 13*(1), 36-49.
- International Labour Organization. (2014). Profits and Poverty: the economics of forced labour [Report]. Retrieved from http://www.ilo.org/wcmsp5/groups/public/---ed_norm/---declaration/documents/publication/wcms_243391.pdf
- International Labour Organization & Walk Free Foundation. (2017). Global estimates of modern slavery: forced labour and forced marriage [Report]. Retrieved from http://www.ilo.org/wcmsp5/groups/public/---dgreports/---dcomm/documents/publication/wcms_575479.pdf
- Lederer, L.J. & Wetzel, C.A. (2014). The health consequences of sex trafficking and their implications for identifying victims in healthcare facilities. *Annals of Health Law, 23*(1), 61-91.
- National Human Trafficking Hotline. (2017, December 31). Hotline statistics [Website]. Retrieved from https://humantraffickinghotline.org/states
- National Human Trafficking Resource Center. (2012, October). Recognizing and responding to human trafficking in a healthcare context [Online course]. Retrieved from https://humantraffickinghotline.org/resources/recognizing-and-responding-human-trafficking-healthcare-context
- National Human Trafficking Resource Center. (2013, May). Strategies for giving public presentations on human trafficking [Online course]. Retrieved from https://humantraffickinghotline.org/resources/strategies-giving-public-presentations-human-trafficking
- Office of the Attorney General. (2017, December). Texas human trafficking prevention task force: Fiscal year 2017 report of annual activities [Government report]. Retrieved from https://texasattorneygeneral.gov/files/agency/20170212_htr_fin.pdf
- Patel, R.B., Ahn, R., & Burke, T.F. (2010). Human trafficking in the emergency department. *Western Journal of Emergency Medicine, 11*(5), 402-404.
- Polaris. (2018). Recognize the signs [Website]. Retrieved from https://polarisproject.org/human-trafficking/recognize-signs
- Sabella, D. (2011). The role of the nurse in combating human trafficking. *American Journal of Nursing, 111*(2), 28-37.
- Texas Penal Code, Chapter 20A., Section 20A.01(4). Trafficking of Persons.
- The Attorney General of Texas. (2018). Human trafficking [Website]. Retrieved from https://texasattorneygeneral.gov/human-trafficking
- The Joint Commission. (2018, June 18). Quick safety 42: Identifying human trafficking victims [Article]. Retrieved from https://www.jointcommission.org/issues/article.aspx?Article=Dtpt66QSsiI%2fHRkIecKTZPAbn6jexdUPHflBjJ%2fD8Qc%3d
- U.S. Department of Health & Human Services, Administration for Children & Families. (n.d.). Resources: common health issues seen in victims of human trafficking [Government publication]. Retrieved from https://www.acf.hhs.gov/sites/default/files/orr/health_problems_seen_in_traffick_victims.pdf
- U.S. Department of Health & Human Services, Administration for Children & Families, Office on Trafficking in Persons; National Training and Technical Assistance Center. (2018, January). Adult human trafficking screening tool and guide [Government report]. Retrieved from https://www.acf.hhs.gov/sites/default/files/otip/adult_human_trafficking_screening_tool_and_guide.pdf
- U.S. Department of Health & Human Services, Office on Trafficking in Persons. (2017, September 25). Myths and facts about human trafficking [Website]. Retrieved from https://www.acf.hhs.gov/otip/about/myths-facts-human-trafficking
- U.S. Department of Health & Human Services, Office on Trafficking in Persons. (2018, February 9). What is human trafficking? [Website]. Retrieved from https://www.acf.hhs.gov/otip/about/what-is-human-trafficking